



# BREAKFAST



## APRIL 2023 Elementary

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

### Monday

328 Chocolate Chip Muffin ~~OR~~ **3**  
~~921 Granola &~~  
~~136 Vanilla Yogurt~~  
 649 Dole Orange Gello Bowl  
 657 Strawberry Craisins **344 Blueberry**  
 Pre-K: 347 Cinnamon Chex Cereal  
 Alternate: 388 Honey Bunches of Oats Breakfast Kit

~~324 Cocoa Puffs Cereal~~ **10**  
 OR  
 327 Pillsbury Maple Mini Waffles  
 752 Fruit Punch Juice **NO SCHOOL**  
 658 Cherry Craisins  
 Pre-K: 342 Cheerios  
 Alternate: 384 Cinnamon Toast Crunch Breakfast Kit

323 Apple Cinnamon Muffin ~~OR~~ **17**  
~~921 Granola &~~  
~~134 Cherry Vanilla Yogurt~~  
 749 Apple Cherry Juice  
 670 Fresh Fruit  
 Pre-K: 367 Cinnamon Raisin Bagel  
 Alternate: 387 Fruit Loop Breakfast Kit

351 Cinnamon Toast Crunch Cereal Bar (NEW) ~~OR~~ **24**  
~~302 Egg, Cheese & Turkey Sausage Breakfast Wrap (HOT)~~  
 748 Grape Juice  
 657 Strawberry Craisins  
 Pre-K: 341 Vanilla Honey Bunches of Oats  
 Alternate: 385 Trix Cereal Breakfast Kit

### Tuesday

369 Pillsbury Berry Blast Mini French Toast **4**  
~~OR~~  
~~900 Strawberry Bagel~~  
 690 Apple Crisps  
 752 Fruit Punch Juice  
 Pre-K: 330 Blueberry Muffin

333 Blueberry Chex Cereal ~~OR~~ **11**  
~~922 Cinnamon Granola &~~  
~~133 Strawberry Banana Yogurt~~  
 691 Strawberry Apple Crisps  
 684 Mixed Berry Applesauce  
 Pre-K: 335 Banana Muffin

325 Cinnamon Chex Cereal ~~OR~~ **18**  
~~345 Apple Cinnamon Toast (HOT)~~  
 750 Apple Juice  
 659 Watermelon Craisins  
 Pre-K: 344 Blueberry Chex

323 Apple Cinnamon Muffin ~~OR~~ **25**  
~~922 Granola with Cinnamon &~~  
~~138 Blueberry Yogurt~~  
 349 Dole Orange Gello Bowl  
 670 Fresh Fruit  
 Pre-K: 331 Corn Muffin

### Wednesday

350 Peach Cheerios Cereal Bar (NEW) ~~OR~~ **5**  
~~367 Cinnamon Raisins Bagel~~  
 684 Mixed Berry Applesauce  
 749 Apple Cherry Juice  
 Pre-K: 341 Vanilla Bunches of Oats

322 Blueberry Muffin ~~OR~~ **12**  
~~262 Turkey Sausage Breakfast Pizza (HOT)~~  
 648 Dole Strawberry Gello Bowl  
 659 Watermelon Craisins  
 Pre-K: 369 Pillsbury Berry Blast Mini French Toast

~~349 Orange Cranberry Muffin~~ ~~OR~~ **19**  
~~OR~~  
 368 Plain Bagel  
 752 Fruit Punch Juice  
 670 Fresh Fruit  
 Pre-K: 332 Apple Cinnamon Muffin

337 Raspberry Churro ~~OR~~ **26**  
~~OR~~  
~~338 French Toast Sticks (HOT)~~  
 749 Apple Cherry Juice  
 684 Mixed Berry Applesauce  
 Pre-K: 345 Honey Scooters Cereal

### Thursday

**Holy Thursday** **6**

336 Apple Churros ~~OR~~ **13**  
~~OR~~  
~~908 French Toast Sticks (HOT)~~  
 670 Fresh Fruit  
 748 Grape Juice  
 Pre-K: 331 Corn Muffin

327 Pillsbury Maple Mini Waffles ~~OR~~ **20**  
~~OR~~  
~~921 Granola &~~  
~~131 Cherry Vanilla Yogurt~~  
 753 Orange Juice  
 684 Mixed Berry Applesauce  
 Pre-K: 343 Rice Chex

328 Chocolate Chip Muffin OR **27**  
 OR  
 369 Pillsbury Berry Blast Mini French Toast  
 750 Apple Juice  
 608 Dole Tropical Fruit Cup  
 Pre-K: 327 Pillsbury Maple Mini Waffles

### Friday

**Good Friday** **7**

321 Banana Muffin ~~OR~~ **14**  
~~OR~~  
~~922 Cinnamon Granola &~~  
~~133 Strawberry Banana Yogurt~~  
 670 Fresh Fruit  
 749 Apple Cherry Juice  
 Pre-K: 346 Cinnamon Toast Crunch

334 Cinnamon Toast Crunch Cereal ~~OR~~ **21**  
~~OR~~  
~~906 Apple Baked Fruited (HOT)~~  
 648 Dole Strawberry Gello Bowl  
 670 Fresh Fruit  
 Pre-K: 330 Blueberry Muffin

324 Cocoa Puffs Cereal ~~OR~~ **28**  
~~OR~~  
~~922 Granola with Cinnamon &~~  
~~138 Blueberry Yogurt~~  
 753 Orange Juice  
 670 Fresh Fruit  
 Pre-K: 339 Cranberry Orange Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and

will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.